

# DISCOVER WELLNESS SPEAKERS SERIES

Join the Discovery Museum for two upcoming community conversations about health and wellness. Each event will feature presentations from local experts and an opportunity for discussion and networking.

*Small bites will be served. Two prize drawings at each talk.*

## UPCOMING TALKS

**Tuesday, May 14- 5:30 PM -7:30 PM**

### **Log Out & Discover: Screen Time and Health**

Featuring: Dr. Marilyn Smith (pediatrician), Dr. Dario Zagar (neurologist), Dr. Jeffery Dietz (psychiatrist), Dr. James Thimmons (ophthalmologist), Dr. Lynelle Schneeberg (sleep medicine) and Dr. Ceasar Irby (Moderator)

**Tuesday, June 11- 5:30 PM -7:30 PM**

### **Food for Thought: Eating for Wellness**

Featuring: Rebecca Bonetti (RD) and Kelly Gruber (RD)

**DISCOVERYMUSEUM.ORG**

## WHERE

DISCOVERY MUSEUM  
AND PLANETARIUM  
4450 PARK AVENUE,  
BRIDGEPORT

## TICKETS

\$8 online, \$10 at the door

[discoverymuseum.org/  
programs-education/discover  
-wellness/](http://discoverymuseum.org/programs-education/discover-wellness/)

## MORE INFO

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