

Get Healthy Walk 'N Talk with a Doc

Join group walks with healthcare providers.



**Every Saturday morning at 9 am
beginning May 4**

**Farmington Canal Greenway Trail, corner of
Shelton Ave. and Starr St., New Haven**

Walk will begin at entrance on Starr St. and lasts approximately one hour. Parking is available at New Freedom Missionary Baptist Church, 280 Starr St., New Haven.

**Please arrive by 8:45 am on each walk day.
Attend as many walks as you can!**

For more information, contact Andy Orefice at 203-688-5671 or andrew.orefice@ynhh.org.

Interested in walking?

- Get active in a fun and social environment
- Chat with healthcare providers
- Meet new friends

All ages and fitness levels are welcome!

To find out more about Get Healthy CT, visit gethealthyct.org.