



WORLD HEALTH QIGONG DAY
世界健身气功日

**SATURDAY
SEP 8, 2018**



**STRETCH, BREATH, MOVE
DISCOVER CHINESE HEALTH QIGONG
FREE CLASSES @ GULF BEACH, MILFORD**

**GULF STREET, MILFORD, CT
SATURDAY SEP 8, 2018, 10AM - 12PM
FREE AND OPEN TO THE PUBLIC
ALSO, JOIN US FOR A FREE BEACH TAI CHI CLASS
BEFOREHAND AT 9AM - 10AM**

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