

STRATFORD WALK 'N TALK

Please join us for a 4-week walking series and take a walk with your local health care professionals.

Saturday: July 7th, 14th, 21st, & 28th

9:00-10:30 a.m.

Stratford Sea Wall, 53 Beach Drive

Open to all ages and activity levels. Feel free to bring kids, dogs, and families, the more the merrier!

The walk is rain or shine. To register, go to <https://stratfordwalk.eventbrite.com>

For questions, call Kelley Meier at (203) 385-4090

