



Are you ready to QUIT SMOKING?

The Fairfield, Stratford, and Trumbull Health Departments are offering a

FREE 4-week Smoking Cessation Program

developed by the American Cancer Society to help you quit.

*Program includes 2 FREE weeks worth of Nicotine Replacement Therapy.

Program runs on 4 consecutive Mondays from 6-7:30pm starting January 22nd
at the Fairfield Woods Library (1147 Fairfield Woods Rd, Fairfield)
in the small meeting room in the basement.

To register, please contact:

Santina Jaronko—Health Educator, Fairfield Health Department
at 203-256-3150 or email at sjaronko@fairfieldct.org.

Call today, space is limited!

**Upon referral to CT Quit Line. May chose patches, gum, or lozenges.*



Health Department



Public Health
Prevent. Promote. Protect.

Trumbull Health Department

