

When Medication is Prescribed

“Taking Medication Properly”



Staying healthy and recovering from an illness often requires a person to take medication. Taking medication properly can help prevent the worsening of symptoms, avoid hospital visits, and speed up recovery.

DID YOU KNOW?

- 60% of Americans take prescription drugs
- 75% of Americans report they don't always take medications properly
- 40% of Nursing Home Admissions are due to medication non-compliance
- 125,000 Americans die each year due to medication non-compliance.

Source: CDC National Center for Health Statistics; 2016

GETTING THE MOST FROM YOUR MEDICATION

To get the most benefit from your medication, and achieve a better health outcome, there are some basic steps a person needs to follow.

A PRO-ACTIVE EDUCATIONAL SEMINAR

- Medication Compliance vs. Non-Compliance
- The Impact of Medication Non-Compliance
- Why Medication Isn't Taken as Prescribed
- When Your Doctor Prescribes a New Medication
- Make Sure Your Doctor Has All the Facts
- Before You Leave the Pharmacy
- Drug Reactions & Side Effects
- Some General Medication Guidelines



DATE

Thursday September 7, 2017
10:30 am
Greenwich Senior Center

Speaker - Linda Ziac LPC, LADC, BCPC, CCM, CDP
The Caregiver Resource Center • 203-861-9833