

4th Annual Get Fit Day & YMCA Healthy Kids Day[®]



**Saturday, April 29, 2017
11am-2pm**

NEW HAVEN GREEN
(LOCATED AT 165 CHURCH STREET)

**Free
Family
Event!**



- vendors • exercise demonstrations •
- a climbing wall • bicycles •
- sports clinics • information on health and local resources • giveaways & much more!

For more information on this event, or for help finding healthy food and places to exercise, visit



us at GetHealthyCT.org &
Like us on Facebook!

