

Get Healthy Walk 'N Talk

Take a walk with local doctors.



Saturday, Sept. 3, 10, 17 and 24
9 am – 10:30 am

Edgewood Park, corner of Chapel Street and
Ella T. Grasso Boulevard

Walk will start at entrance near Sundial Splash Pad and continue NW along paved path towards Center Pond and will return along with same route (approx. 2 miles)

Interested in walking?

Register at [eventbrite.com](https://www.eventbrite.com)
(search for Get Healthy Walk 'N Talk)
Please arrive by 8:45 am on each walk day.
Attend as many walks as you can!

For more information, contact Andy Orefice
at 203-688-5671 or andrew.orefice@ynhh.org.

Join us on Saturday mornings at
New Haven's Edgewood Park to:

- Discuss different health topics each week
- Walk for 1 hour with local healthcare professionals

To find out more about Get Healthy CT,
visit gethealthyct.org.